



युवा मन की सतरंगी अभिव्यक्ति



आई सी जी ने जीता भास्कर-ए-आजम का खिताब

चेहरों पर उमंग और आखों में कुछ कर गुजरने का जज्बा लिए शहर के 40 कालेजों के युवक युवतियों की मनमोहक अभिव्यक्ति ने दर्शकों को झूमने पर मजबूर कर दिया। मौका था दैनिक भास्कर और श्री सीमेंट की जयपुर की सबसे महत्वाकांक्षी सांस्कृतिक प्रतियोगिता भास्करेआजम के पुरस्कार वितरण समारोह का। मंच पर सतरंगी रोशनी के बीच अपने फन का प्रदर्शन करते समूह और परिसर में गूंजती तालियों ने समा बांध दिया। समारोह की प्रस्तुतियों में बचपन की निश्चलता किशोरावस्था का अल्ट्रडपन और युवाओं का जोश झलक रहा था।

समारोह में मुख्यमंत्री अशोक गहलोत ने सभी प्रतिभागियों का उत्साहवर्धन किया व विजेता टीमों को पुरस्कार व प्रमाण पत्र प्रदान किये। प्रतियोगिता का पहला पुरस्कार आई सी जी को प्रदान किया गया।

करीब चार घंटे चले इस रंगारंग समारोह में उजागर हुए संस्कृति के विभिन्न रंगों में सभी दर्शकों ने जमकर लुफ्त उठाया। समारोह में एक ओर प्रदेश की सांस्कृतिक धरोहर की प्रभावी अभिव्यक्ति वहीं दूसरी ओर पुराने गीतों को नए अंदाज में व नए गीतों को नए अंदाज में पेश कर बीते जमाने की यादें जाता कर दी। समारोह में राजस्थान की संस्कृति को अलग अंदाज में पेश कर युवक युवतियों ने रचनात्मकता का परिचय दिया।

पहले स्थान पर रहने वाली टीम इंटरनेशनल कालेज फॉर गर्ल्स द आई आई एस यूनिवर्सिटी को दिया गया। आई सी जी को पहले पुरस्कार के रूप में एक लाख ग्यारह हजार रुपये की राशि व भास्कर ए आजम का खिताब दिया गया। दूसरे स्थान पर यूनिवर्सिटी फाइव ईयर लॉ कालेज को पचपन हजार पांच सौ पचपन रुपये व तीसरे स्थान पर विजेता रही टीम कमला पोद्दार इंस्टीट्यूट को तेतीस हजार तीन सौ तेतीस रुपये का पुरस्कार मिला। चौथे स्थान पर रहे महारानी कालेज को बाईस हजार दो सौ बाईस व पांचवे स्थान पर विजेता रही टीम कानोडिया कालेज को ग्यारह हजार रुपये का पुरस्कार दिया गया। विजेताओं की मुख्यमंत्री अशोक गहलोत ने पुरस्कार राशि का बैंक और प्रमाण पत्र प्रदान किये। समारोह में श्रेष्ठ प्रदर्शन करने वाली टीमों को प्रोत्साहन पुरस्कार प्रदान किये गए।

- शबनम शेख एम.सी.वी.पी.

ICG-The IIS University, Jaipur organized its 1st Annual Function- Mélange 2011 and International College for Girls celebrated its 16th Annual Day with great fanfare on 9th of March, 2011.

The theme of the programme was 'Mélange - a colourful interpretation of life as we know it: a gamut of emotions and moodseen through a kaleidoscope of colour & rhythm. The programme was a wonderful synchronization of the Classical and the Modern, the Indian and the Western. It was a fusion of colourful costumes, melodious music and crisp choreography; in short, a cultural gala imbued with spirit of bringing together the best of colours, music and dance.

The evening proved to a delightful mix of moods & emotions as our music and dance ensemble's came together for the eclectic Mélange 2011. The students presented a beautiful cultural extravaganza incorporating foot tapping dances, music, rhythm and a fashion Fiesta.

Mr. Joginder Singh, Former Director, CBI graced the occasion with his benign presence while Mahipal Maderana, Minister for Water Resources,

G o v t . o f Rajasthan was the special guest.

Dr. Ashok Gupta, Vice-Chancellor of the University formally welcomed the guests and acquainted them with the achievements of the students and faculty in the session 2010-11. Dr. Gupta expressed pride on the achievement of

the institution in a short span of 15 years.

Speaking on the occasion, Mr. Joginder Singh appreciated the talent and enthusiasm of the students. He emphasized the importance of education which according to him meant all round development of human personality and not just the attainment of degrees. He added that it was fortunate to be Indian and young and expressed hope that the young students of ICG would contribute to the growth of their institution, society and above all their nation.

The programme began with the traditional manner by invoking the divine spirits through the vandana which was presented in the form of Shiva Stuti.

In the form of dance recitals, Red, White, Green and Blue colors highlighted the myriad aspects of life and human emotions. White suggests peace and harmony, red stands for energy, blue signifies depthness and green portrays prosperity. Another dance choreography was the Fusion of the classical and the contemporary dance forms.

Folk dances based on the Land of Warriors-Rajasthan and the Land of Maratha's which is Maharashtra were enjoyed by one and all. At the same time, western choreography which showcased the contemporary trends was also appreciated by the audience.

The fashion show and the Fashion Fiesta exhibiting the latest fashion ensembles designed by the students of Garment Production and Fashion & Textile Technology, were a sight to behold. In the Indian Bridal Wear Round of the fashion show, beautiful and charming models exhibited the Indian wedding trends whereas the other rounds projected the fusion of ethnic and modern trends of the fashion world.

Karni Panwar was declared as ICGian of the Year, Best Overseas Student of the Year award was given to Victoria Brynne, Aditi Dolia got the title of Promising Talent of ICG, Charvi Tanya Dutta bagged the title of Fashionista of ICG, Siboli Das was declared the Nightingale of ICG and Surbhi Mishra got the title of Sports Star of ICG.

Preeti Khelani, BJMC Sem. II

Tongue in Cheek

Education is Needed !!



Mina

Join MSW

(Master of Social Work)

Enrich your skills and talent at ICG



THE IIS UNIVERSITY

deemed to be a university under section 3 of UGC Act., 1956

JOB OPPORTUNITIES

Placements as Social development specialist & Community development officers in Rural development & Panchayati Raj, Electricity Board, Corporate sectors, NGO'S and international agencies like UNICEF, Labour welfare officers and Public relations officers in government and non governmental organizations.

For admission procedures and further details please contact the

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Editorial

A VOICE



By now everybody has already set their hands on ICG's new born. Yes, I am talking about our commendable venture, the 1st edition of our very own news letter...and it absolutely made a splash!

All good things must be followed by many more good things and so I write, as the warm evenings settle in and one season melts into another.

The last three months saw a lot happening on campus. Debates, cultural competitions, visits, exhibitions and to top it all, the mega event of college, the ICG annual function. Mélange - 2011 a cultural cum awards evening was celebrated with great fervor as one and all were covered with a sheet of colors...a sheet of vigour...a sheet full of energy...

ICGians, though, never need a reason to celebrate, and at this time of the year just before the end of another semester, the energy levels peak and the annual function is the result of the outburst of creativity and hard work!

With all the festivity and fun in the air,

Dear exams,

No offence- "The party pooper" if I may call you so,

Make it just in time!!

Probably reminding us to gear up for some serious studying.

But here at ICG, the girls do not fear embracing the new challenges at any step. While we love the glitz and glamour we are equally prepared to take the 'three hour' challenge!

The stress levels do try to pull us down sometimes, but I guess most of us manage to traverse the rough bend rather smoothly as ICG teaches its students how to walk the tightrope between aesthetic and intellectual growth.

This issue of ours makes it just in time to wish all of you the very best for the exams. All of us here are continuously striving to create an equal music....music where creativity, knowledge, vision, ideas, and intellect harmoniously come together. We hope you enjoy this new effort of ours and keep us posted about what you are thinking, doing or planning and join us in making YOUTHSPEAK@IISU the best space to read!!

Nivedita Singh, MA (JMC) Sem IV

As it is

Transform Yourself

In this era of science and technology, we can be creative and productive, and at the same time not lose the humanness that we are all born with. Just material things or comfort alone do not make you comfortable. You may have a good bed to sleep on, but unable to sleep because of insomnia or worry! You need to get a broad understanding about yourself and your priorities. Knowing about your ego or what your intellect or mind is saying to you and introspection will give you a few minutes of relaxation which is very vital. So, what is most important is introspection about one's own life and how to improve the quality of life-this intention itself will open many doors for you to feel better about yourself. First of all, find out for yourself whether you are healthy.

Have you ever thought what is the purpose of your life? What is the meaning of life? What is life all about?

These questions are very, very precious. When these questions dawn in your mind, only then your life begins! But, when these questions come into your mind, don't be in a hurry to get an answer. Those who know will not tell you and those who tell don't know! You can plug your ears and walk off! These questions are the tools by which you can dig deeper and the answers come from within you. Once these questions come into your life then you start "living" life rather than just existing. In this world, everything cannot be perfect all the time. It is but natural. Unfortunately, the tendency of our mind is to grab the imperfection and hold on

to it. And, in the process, we end up making our moods, our minds imperfect and our souls reel with this nonsense. It is imperative to get out of these cycles, and to become strong and courageous from within.

When you see life in this context, clarity dawns in your mind and your life improves.

Sri Sri Ravishankar

Article From 'The Week'
December 24, 2006

Insight

Man often becomes what he believes himself to be. If I keep on saying to myself that I cannot do a certain thing, it is possible that I may end by really becoming incapable of doing it. On the contrary, if I have the belief that I can do it, I shall surely acquire the capacity to do it even if I may not have it at the beginning.

Mahatma Gandhi

I have missed more than 9,000 shots in my career. I have lost almost 300 games. On 26 occasions I have been entrusted to take the game winning shot... and I missed. I have failed over and over and over again in my life. And that's precisely why I succeed."

Michael Jordan, one of the NBA's greatest players.

"Look at a day when you are supremely satisfied at the end. it's not a day when you lounge around doing nothing; it's when you've had everything to do and you've done it."

Margaret Thatcher

"It's not that I'm so smart, it's just that I stay with problems longer."

Albert Einstein

Guest Corner



For the Love of Women's Studies

What is Women's Studies? To quote from 'Women's Studies in India A Reader', ed by Mary John, a book recently published in 2008 after a decade of effort by many in the movement, 'Women's Studies was a critical perspective, not a discipline, least of all a special topic, requiring articulation in every discipline, institution, in all studies and at all levels'. To see beyond the four walls, to form windows in set thinking patterns, to read between the lines, to learn the tools which were made by experiences at grassroots, these are few of the learning in Women's Studies. A process of recreating knowledge to bridge inequalities!

Personal is political is a statement of Women's Studies. My journey through its lanes is a result of second hand queries around me by women of different ages, castes, class and religions. Young women studying in Bombay's prestigious institutions being treated inhumanly during menstrual cycles; women being raped for belonging to particular religion, caste, or nation, or just as an expression of power; dowry deaths; female feticides; differences in wages and many such collective mal-practices have forced me to look for reasons suggested in Women's Studies.

In ICG involving with Foundation Course for Women's Studies for sixth semester BA and BA Hons has been rewarding by just the look of affiliation with women's issues in students' eyes. It is the first time such a course is being offered in Rajasthan. Other than that ICG-The IIS University, Jaipur is offering BA (Elective) and MA in Women's Studies. ICG is working to build an extensive book resource for the library according to UGC guidelines 'in the last three decades, Women's Studies has gained in academic stature and developed a rich body of theories based on a complex and multi-layered understanding of the realities of women's lives. This rich material needs to be introduced to students in the classroom'.

It is essential to know the scope of Women's Studies even though it is a life time learning and more important unlearning process. Education per se means getting jobs to most. Even if the purpose of studying Women's Studies is limited to that to start with, the various NGOs and Corporate Social Responsibility (CSR) in Companies create a wide career scope for students of Women's Studies. Options in Government sector are in the State and National Women's Commissions, State and National Social Welfare Boards, Ministry of Women and Child Development. Equality at all levels, foremost to become equal in ones' own eyes for women.

Chanda Asani,

Lecturer Women's Studies

Feedback

This newspaper should reach more students in the campus. Most of them don't even know it is published. It can be made more interesting by including probably cartoon strips, upcoming activities etc.

Jahnvi Kastiya, BVA SEM IV

Every notice board should display a copy of the newspaper so that every student comes to know that such an edition is being published by the efforts of college students.

Harshita Kanwaria, MVA SEM IV

It is a great attempt towards covering all the fun and frolic happening at the college. Therefore, it's a great feeling to see the kaleidoscopic world of our college at a glimpse.

Aditi Dolia, BA(H) Eng, III year

Very good effort by the students. The whole layout is very beautiful but still the picture quality can be improved. The photographs should be brighter.

Ms. Monika Munjal,
Dean- Cultural Activities

It is obvious that a lot of passion and care and meticulous planning

has gone into the design, the lay out, the page wise distribution, of content and selection of topics and themes in the wonderful little youth's own paper "youthspeak@iisu."

Dr. Swarnendu Baksi Asst. Professor

सफ़र

बड़ा ही अजीबोगरीब होता है सफ़र,
चाहे जन्म से मरण का हो
या जयपुर से पोखरण, चाहे आदि से अंत का हो
या दहशत से अमन, कहलाता है वो सफ़र
ऐसा जरूरी तो नहीं है मगर, कहा जाता है ये अकसर
कि यदि मुश्किल हो सफ़र, तो आती है हसीन मंज़िल नजर
और जो राहों में फूल बिछे हों, और आसान हो फिर सफ़र
तो अंत में कांटे होते हैं नसीब ए बेखबर,
रास्ते में मिल जाए कोई साथी अगर
तो यूँ ही कट जाता है हर सफ़र,
यदि इंसान कुछ भी करने को हो करगुज़र
तो लहलहाती हैं फसलें चाहे जमीं हो बंजर,
हर लम्हा हर मंज़र
हम तय करते हैं कोई सफ़र, चाहे बचपन से हो यौवन पर
या जम्मू से लाहौर, हर सफ़र का होता है गहरा असर
कि कोई चूमता है अंबर,
और कोई आता हाशिए पर नजर
बड़ा ही अजीबोगरीब होता है ये सफ़र।

अंकिता जिंदल बी.एससी. सेम. V

BROTHERS ARE FROM MARS SISTERS ARE FROM VENUS

Long ago scientists found that sex-typed characteristics develop differently in girls and boys, which have led to many differences between the two genders.

In a first grade classroom, it's not unusual to find the girls working quietly at their desk or cooperatively in small groups as the boys toss paper wads through the air, make silly faces at each other across the room, or seem bored, distracted and restless when seated.

Now lets move beyond the classroom and come to our peers, that is boys of our age. One case study that I can cite is my own brother, name withheld, because I don't wish to be sued!! My brother thinks he is "focused", "hard working". "sensitive" and "sensible". Now, ladies and gentlemen who are patiently reading this, please note:

"focused"- because he can do/ think of only one thing at a time, cannot multi-task at all.

"hard working" is when he refers to his schedule in the gym

"sensitive" because if I ever say anything bad about him, he will fight duels to reclaim his ego.

"sensible"- becauseI really don't know how he says that...please ask him.

No, seriously. This article will be incomplete without getting my brother's opinion about the opposite gender. So, you have seen what we feel about the guys, let's now see what they have to say about us.

Over to bro.....

Girls!!! All right. Since my dear sister has afforded me the kind opportunity to voice my opinion and this is so rare because when girls talk, no one else can talk... so here I go. My sister, as a specimen of the entire girl fraternity, is "sarcastic", "cry baby",

"self-obsessed", "tattler", and "talkative". Ok. I can already see her breathing fire down my neck for writing this, but I have proof.

"sarcastic"- just read the lines she wrote for me...sarcasm unleashed..

"cry baby"- they can say whatever they want, be sarcastic and cruel but if you say the smallest thing that hurts them, fountains erupt. They can cry on anything from a film scene to a sad song and ofcourse they cry as a strategic move too. Every fight ends with my sister bawling away like a baby and I am the one who gets a scolding for 'making her cry'!!!!

"self-obsessed"- she can spend hours deciding which clothes to wear, then what jewellery to match, then shoes... bag... hairstyle... lipstick... eye shadow...liner...endless....by the time she is ready to go...college hours are over.

"tattler"- she waits for me to commit a mistake... just so that she can report to HQ(mom n dad) and bask in the glory of being the "obedient daughter"!!!

"talkative"- I don't even need to write this characteristic. Girls means noise. She can talk for hours on the phone without food and water...but if she goes to the movie hall, she needs a non-stop supply of cold drinks and popcorn.

And now she is snatching the pen from me...so toodloo....

Ok, thank you brother...I think I get the picture. Well...now dear readers..the ball is in your court...you tell us now...how are boys and girls different?? And in how many ways...and to what degree?

As for me... I have a job on my hand.

MOM..DAD..LOOK WHAT BHAII HAS GONE AND DONE.....grrrrrrrrrrrr!!!!!!

Preeti Makhija, MJMC Sem II

dear. And are you on some special kind of fasting?

This is your seventh cup of coffee since morning. Aren't you going to eat something?" asked Richa

'No I don't eat during exams. It makes me feel sleepy. I'd rather drink coffee, to feel fresh", explained Priya, "now please let me study".

"Study!!!!. This is your fourth revision. Why don't you donate your revisions to us?" asked Richa mockingly.

"Hey I'm going to Shweta's room to check out what she's studying?" said Vandana. She entered Shweta's room who was chatting on facebook. "Hey come in Vandana", said Shweta. "I just went through a topic, got bored, and so came online. Just see half of our class is on face book."

"And what about you Nivedita?", Vandana asked Nivedita, who was busy getting ready to go out for a party.

"I have given it a reading, no big deal, will revise in the morning", she replied.

"Great, that means I'm the only one who has not given it a start. Now I will learn the first five topics out of ten. I'm sure I'll pass", said Vandana.

The next morning in the examination room.

Priya had no time to think, she just had to write.

"Oh no!!!. I should have done the other five questions", thought Vandana

"Is this topic in our syllabus?" wondered Shweta.

"I'll go to the temple before tomorrow's exam", vowed Nivedita.

As for Richa, "Oh! God. I studied the sure shot questions for the wrong subject!!!!"

Priyamvada Singh, MA(JMC) Sem. IV

Tid - Bits



More dramatic activities should be there in the college.

Ms. Pratibha Sharma

Students should take more interest in attending the guest lecture.

-Dr. Mona Vyas

There should be a recreation centre for students as well as for staff in the college.

-Ms. Deepika Singh.

More Companies should come for Campus placements .

-Dr. Lata Shani

Media Lab should be developed for the students who are inclined so that they can make good films.

-Mina Khan

More sports activities should be held in the college to groom the students .

-Diana Rose

Communication workshops can be organized from time to time to improve the confidence of the students .

-Isha Bajpayee

There should be more industry interface especially for the professional courses.

-Chandana Singh Nirwan

The cultural programs should rise above just song and dance and include more challenging opportunities like dramatics ,instrumental music etc .

-Kritika Sharma

घर से दूर....



घर से दूर अन्जान शहर अन्जान लोग और इन्हीं अन्जानों के बीच कई अजनबी चेहरे आ पहुंचते हैं अपनी मंजिल तलाशने व कुछ कर गुजरने की चाह लेकर अपने सपनों को सच करने। दोस्तों इस भागदौड़ भरी जिंदगी में हर कोई अपना अलग मुकाम बनाना चाहता है। कोई डाक्टर, कोई जर्नलिस्ट, कोई इंजीनियर या फिर कुछ और।

कुछ इसी तरह के अपने व अपने माता पिता के सपनों को साकार करने के लिए कई बच्चे आ बसते हैं अलग अन्जान शहरों में जहां उनके लिए सब कुछ अजनबी होता है लेकिन धीरे धीरे सब कुछ अपना सा लगने लगता है और मंजिल साफ नजर आने लगती है।

अपने घरों से दूर रहकर पढाई कर रहे इन बच्चों को आजादी तो मिल जाती है यह आजादी निश्चित रूप से इन बच्चों में आत्मनिर्भर होने के साथ साथ जीवन में आई छोटी बड़ी समस्याओं से जूझने और एक जिम्मेदार इंसान बनाना सिखाती है वहीं दूसरी ओर इस आजादी का बच्चे गलत फायदा भी उठाते है। यूथस्पीक की टीम ने जाना कि बाहर से आए इन बच्चों को किस तरह की समस्याओं का सामना करना पड़ता है।

जयपुर में मास कम्प्यूनिक्शन एवं वीडियो प्रोडक्शन कर रही उत्तराखंड देहरादून से आई प्रियंका पचौली को राजस्थान का खाना बहुत स्वाइसी लगता है। शुरुआत में तो बहुत परेशानी होती थी लेकिन अब सब ठीक है। यहां पीजी में रुम शेयरिंग, ट्रांसपोर्ट जैसी भी प्रोबलम्स आती है।

मुंबई से आई संभव्य भाटला राजस्थान में रहकर अंग्रेजी पत्रकारिता के क्षेत्र में करियर बनाना चाहती हैं। वे कहती हैं कि एक अच्छा पत्रकार बनने के लिए भाषा पर पकड़ जरूरी है। अकेले रहकर मैनेज करना मुश्किल तो होता है शेयरिंग में भी एडजस्टमेंट करना होता है।

आंध्रप्रदेश सिकंदराबाद से आई अनुमिका बहुखंडी एक सिंगर बनने के साथ साथ इलेक्ट्रोनिक मीडिया में करियर बनाना चाहती हैं। पीजी में रहने में काफी परेशानियों का सामना करना होता है सभी कोपरेट नहीं करते हैं। लेकिन मेरे पेरेन्ट्स शुरु से ही मेरे करियर के लिए बहुत चिंतित थे। यहां जयपुर में अकेले रहने में कुछ खास दिनों जैसे कोई बर्थडे, फेस्टीवल्स, या फिर और किसी मौके पर पेरेन्ट्स की याद आती है लेकिन साथ ही साथ कुछ बनने का यह अहसास इन यादों को कुछ कम कर देता है।

आर निकिता जैन ब्यावर से यहां ज्वैलरी डिजायनिंग में डिप्लोमा कर रही हैं। ब्यावर में इस तरह का कोई प्रोफेशनल कोर्स नहीं है। घर से दूर यहां खाने पीने से लेकर कई तरह की परेशानियों का सामना करना पड़ता है। लेकिन कुछ करने का उत्साह इन छोटी छोटी बातों को भुला देता है। "मुझे ज्वैलरी डिजायनिंग में करियर बनाना है।

यह कहा जा सकता है कि आज के इस चुनौती भरे दौर में इन बच्चों को अन्जान शहरों में अपने रास्ते अपनी मंजिल तलाशते देखा जा सकता है। यह एक पहल है आत्मनिर्भर व स्वावलंबी होने की। अपने परिवार और शहर से बहुत दूर ये बच्चे अपने व अपने माता पिता के सपनों को पूरा करने के लिए तैयार हैं।

नीलम सैनी, एम.ए. (जे.एम.सी) सेम. IV

The Story of Exams

The hustle bustle of examination is nothing new as we have all been victims from generation to generation. Here is an extract, based on a dream I had just the other day. So read on, and when you do so, see if you can picture yourself somewhere in the tale.

Vandana was preparing coffee and her political science notebook lay beside. She read on "Plato is known as the father of politics...Oh no!!!", she screamed as the coffee spilled out of the container. Richa entered the kitchen laughing, "Why are you so worried about exams, Vandana? Listen I have contacts. By midnight you will have the 6 sure shot questions in your hands. Now don't panic. Examination is not rocket science."

The inspiring words of Richa did not much comfort Vandana who rushed to her room, where Priya was busy cramming words out of her register. "Priya please help me, tell me the important topics."

"What help dear, each and every topic is important; you never know what comes in exams. Why don't you come to college regularly?" asked Priya.

"Don't ask her", said Richa, "she can only amplify your fear. Just wait for the sure shot questions and this time you'll beat this Silencer". Richa and Vandana burst into giggles.

"Stop laughing" shouted Priya, "I don't know how you can rely on such question papers, at least study so that you can understand the meaning of such questions."

"Questions are already explained in the pass book,



CRUCADE AGAINST CANCER

To mark the World Cancer Day, the NSS unit of the IIS University in collaboration with the department of Home Science organized a guest lecture on the topic 'CANCER AND CHEMOTHERAPY'. Dr. Hemant Malhotra-HOD Oncology Department, SMS Hospital, Jaipur was invited to address the audience so as to spread awareness about cancer and its various types. Speaking on the occasion, Dr Hemant Malhotra explained the various causes of cancer and its symptoms. He further advised the students how cancer can be prevented by avoiding junk food, adopting a healthy lifestyle and by shunning smoking and tobacco. He stressed on the fact that cancer is a non communicable disease and encouraged the students to lend their support and care to the cancer patients. According to Mrs. Ila Joshi, HOD Home Science Department, "The response of the students was overwhelming. They turned up in large numbers to lend their support for the noble cause."

Vinamrata Bhojwani, BJMC Sem. II



भगवान में आस्था से
खुलते हैं उन्नति के मार्ग
-पंडित महेश चंद्र शर्मा



प्रातः ६ बजे का समय है। शुद्ध पवित्र वातावरण में शिव जी की अर्चना में लीन हैं पंडित महेश चंद्र शर्मा। हाथ में माला चंदन एवं पुष्प। वे शिव जी का श्रंगार कर रहे हैं। मंदिर की आभा देखते ही बनती है। पूरा शिव मंदिर सौंदर्य बिखेर रहा है और धूप की खुशबू से परिसर और सुन्दर प्रतीत हो रहा है।

यदि दिन की शुरूआत भगवान की पूजा अर्चना से हो तो दिन निश्चय ही सुखमय व्यतीत होता है। यह कहना है आई सी जी कैम्पस के परिसर में बने मंदिर के पंडित श्री महेश चंद्रशर्मा का जो विगत १६ वर्षों से निश्चल मन से इस मंदिर की देखभाल कर रहे हैं। उनका मानना है कि पिछले १६ वर्षों में इस संस्थान से उनका एक अटूट रिश्ता बंध गया है जिसके कारण वे इस महाविद्यालय से आजीवन जुड़े रहने की कामना करते हैं। इस महाविद्यालय से मिले सम्मान के प्रति वे हृदय से गौरवावित है व अपने इस जुड़ाव को यादगार यात्रा का नाम देते हैं।

उन्होंने बताया कि यह मंदिर इस महाविद्यालय का शक्ति कवच है जो इसकी उन्नति के मार्ग प्रशस्त करता है। आई सी जी महाविद्यालय छात्राओं में संस्कारों के साथ साथ धर्म के प्रति आस्था भी जाग्रत करता है। यहां मनाए जाने वाले हर उत्सव व समारोह का शुभारंभ भगवान को याद करने के साथ होता है।

पंडित जी की इस महाविद्यालय के प्रति आस्था किसी पूजा से कम नहीं है। वे कहते हैं कि उन्होंने इस परिसर में स्कूल को कालेज कालेज को महाविद्यालय और महाविद्यालय को विश्व विद्यालय में क्रमोन्नत होते देखा है। इसे वे भगवान का आशीर्वाद कहते हैं। पंडित जी महेश चंद्रशर्मा के ही सामने १९६६ में स्थापित यह शिव मंदिर सभी की आस्था का केन्द्र है। आज भी वे उसी आस्था के साथ मंदिर की सेवा सुश्रूषा में लगे हैं।

विनम्रता भोजवानी, बी.जे.एम.सी. सेम. II

YOUTHSPEAK HELPS..

With this issue we bring to you a space where you can voice your problems, whatever they may be. So if you need a solution to anything that might be bothering you from studies to stress to a fight with your friend...do write in to us.

I am unable to concentrate on my studies because I get distracted by the internet, television, my cell phone and so on. Please suggest some ways so that I may focus on my studies properly.

Nagma Shekhawat (BCA semester IV)

To cope with this problem, try to allocate some time for studies everyday so that studies become a habit and not a burden. Try using concentration improving techniques. This will help in improving your over all level of concentration.

My sincere efforts go waste when my batch mates ask for my notes as they never bother to make their own. I find it difficult to say 'no' because I don't want to be perceived as a selfish person. Please help.

Rajni Siag (BA SEM II)

However, if you feel 'used' and you really don't want to share your class notes, then be polite but firm in your denial. Also, don't allow any guilt to come in because you have the right to say 'no' for a thing that belongs to you. I hope this approach helps you.

Examinations scare the chicken outta me! I feel anxious, stressed and restless during exams, which in turn doesn't allow me to study. How can I be calm during exams?

Umang Chauhan (B.COM semester VI)

The students try to cram up a lot of things in a very short time span. This puts a burden on the brain and it is unable to store and retrieve information correctly when required. This leads to additional stress. To counter this problem, try and make studies a regular part of your routine and study throughout the semester not just during the semester end exams. All the best!

Our counsellor, Shaheen Khan, is from the Dept. of Psychology, ICG.

Please send in your queries at shaheen_nd@rediffmail.com



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